

**THEME 5 PSYCHOLOGY SPEAKING SKILL (NOTIFIER)**

**A. What affects your mood?**

**B. How do weather conditions affect your mood? Give examples.**

**C. Say suggestions to change the negative moods below.**

1. Your friend : I've an exam tomorrow. I feel stressed and I can't concentrate.
2. Your friend : The kitchen is a mess, and I feel too exhausted to cook right now.
3. Your friend : I feel bad. It's gloomy outside.

**D. Give 3 instructions to your friend to help get over a problem.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_